



CDSOA Maine Cruise
Cape Dorys and Maine's Mid-Coast
August 13-17, 2007
Please register by August 8th

Questions? Contact Event Organizer **Catherine Monaghan** Ph: 732-381-3549; Email: c_m_monaghan@comcast.net
Or **Carl Thunberg** Ph: 603-226-4638; Email: cthunberg@nobisengineering.com

Prepared by: Catherine Monaghan

For anybody that would like to sail along with **Realization** and her crew or just meet up in an anchorage or two during this year's "**Maine Cruise**" here's our tentative itinerary:

Wed-Fri, Aug 8-10 -- depending on the weather, *Realization* departs Cape Cod Bay for Maine's mid-coast, on the 8th, 9th, or 10th.

Sat, Aug 11 – Maddock Cove, Ebencook Harbor, ME

Sun, Aug 12 – Maddock Cove, Ebencook Harbor, ME

Maine Cruise:

Mon, Aug 13 --	Maple Juice Cove (St. George River)
Tue, Aug 14 --	Poorhouse Cove (Johns River) – BBQ or Clambake at the Thunberg's camp
Wed, Aug 15 --	Seal Cove (Damariscotta River)
Thu, Aug 16 --	Boothbay Harbor (Tugboat Inn Marina)
Fri, Aug 17 –	Riggs Cove (off Sheepscot River and Knubble Bay – Robinhood Marine Center) – Group dinner at the Osprey Restaurant or Robinhood Free Meeting House.

Sat, Aug. 18 – Riggs Cove

Sun, Aug. 19 – we start heading downeast for Little Kennebec Bay

The current plan is for Bruce and I to depart aboard **Realization** from somewhere on Cape Cod Bay (probably Provincetown, MA) between August 8th and the 10th. At any rate, we hope to be heading for the **Sheepscot River** and **Ebencook Harbor, ME** and will probably anchor in **Maddock Cove** where we intend to spend a couple days before heading to Muscongus Bay where the **CDSOA Maine Cruise** will begin on Monday, August 13th, in **Maple Juice Cove**.

Fleet communications will be on VHF Ch. 16 and 68.

Please monitor these channels during the cruise.

Hail the "Cape Dory Fleet".

Monday, 8/13—Maple Juice Cove

Monday, August 13th, Cape Dorys should begin arriving in Maple Juice Cove anytime after 2:00 p.m. Depending on where the boats are coming from, they may continue to arrive through the evening so be sure to allow room for other boats to anchor nearby. If conditions are settled, please contemplate allowing another CD to raft-up with your boat – this decision is entirely up to the captain of each vessel.

Maple Juice Cove is located about 2.5 nm north of the entrance to the St. George River off **Muscongus Bay**. It's a nice big cove taking a bite out of the river's western shoreline.

Anchor in the area indicated in the chartlet in **Figure 1** below in 9-15 feet of water at MLW in mud.

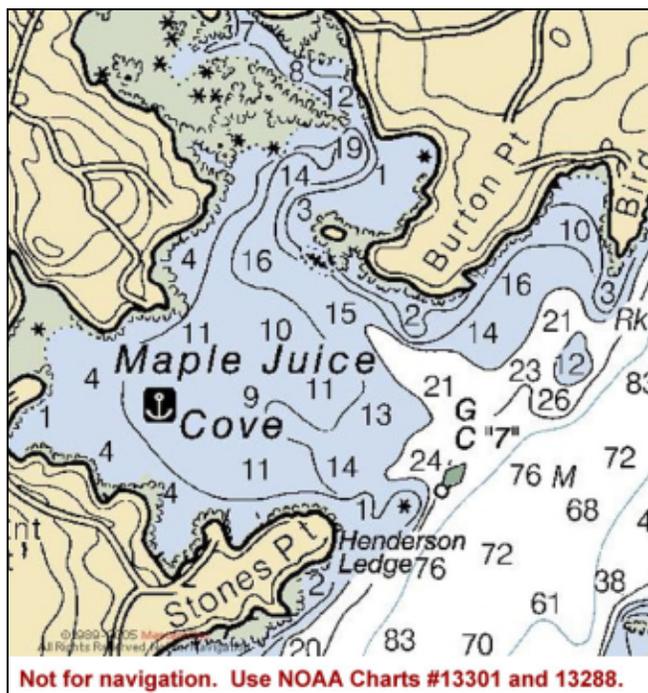


Figure 1. Maple Juice Cove
St. George River/Muscongus Bay
43° 58' 30"N, 69° 16' 54"W

High tide at Maple Juice Cove is approximately 10 minutes before high in Portland. **Mean tidal range is about 9 feet.**

In the evening we'll all gather on one or two of the boats for cocktails (this is where at least one 2-boat raft-up will be handy). So bring one or two snack items to share with the rest of the group and the fixin's for your favorite beverage. Then it's potluck for dinner. No, we don't throw everything into one pot and whatever comes out is dinner (unless you want to). But whatever you bring is what we'll have, so bring enough to share and serve 8. So don't leave home port without your dinghy!

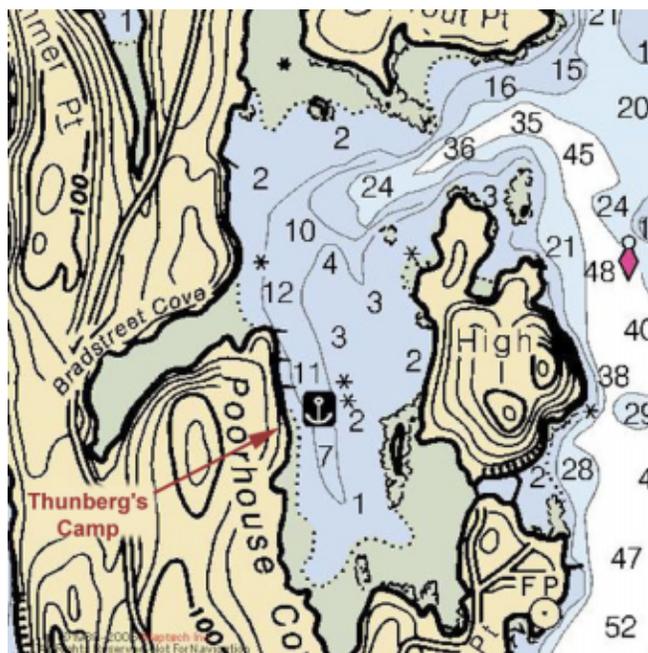
Tuesday, 8/14—Poorhouse Cove – 17.5 nm *(all mileage is approximate)*

Next we'll be heading southwestward for Poorhouse Cove on the **Johns River**. On the way from Maple Juice Cove to Pemaquid Point, you may want to pass by **Eastern Egg Rock Island** (43° 51' 50"N, 69° 22' 49"W), where there is a colony of puffins.

The entrance to Poorhouse Cove is tricky, with ledges on either side, but once inside it affords a well-protected anchorage. If we time our trip right, so that we arrive in the area anytime after 4:00 p.m., we should be able to pick our way around the ledges which should be visible by then. After you get past the ledges, head towards the northern corner of **Bradstreet Cove**. Note that the reef off the north end of High Island extends way out into the channel and is submerged at high tide. Stay within the lobster buoys. When you get to the mooring field, turn to port and run down the west side of Poorhouse Cove then drop your hook in 8-11 feet at MLW in mud.

Here we'll be going ashore where we'll be gathering for a BBQ or Clambake hosted by **Carl and Marcia Thunberg** (CD25, **Concord Coach**). Bring a side dish (enough to serve 8) and some snacks.

Please try to anchor in the area indicated on the chartlet in **Figure 2** below. The location of the Thunberg's camp is also indicated on the chartlet. (The approximate GPS coordinates of the camp are 43° 53' 20"N, 69° 33' 18"W.)



Not for navigation. Use NOAA Charts #13293 and 13288.

Figure 2. Poorhouse Cove
Johns River/Johns Bay
43° 53' 23"N, 69° 33' 18"W

High tide is approximately 10 minutes before high at Portland. **Mean tidal range is about 9 feet.**

Wednesday, 8/15—Seal Cove – 13 nm (Alternate Anchorage: Pleasant Cove)

From Poorhouse Cove we'll be heading to the **Damariscotta River** and lovely Seal Cove (directly opposite Poorhouse Cove by land) which is hailed as one of the most beautiful destinations in the mid-coast region. You'll find this pretty cove nestled into the eastern bank of the river.

One of the navigation challenges on this leg of the cruise will be passing through **The Narrows** on the Damariscotta. It'll be best if we can be in that area somewhere around high tide, which will occur around 1:35 p.m., when the current shouldn't be running so strong (can reach 4 or 5 kts.). So hopefully there won't be any fog in the morning so we can get an early start allowing us to leave Poorhouse Cove no later than 10 a.m.

Anchor in the outer harbor in the slot between **Hodgsons Island** and the **unnamed island** to the east in 20 feet at MLW in mud. We won't exactly be inside the cove, but this is a cozy anchorage and avoids the

hazardous ledges within the cove itself. If you want to move inside, it's best to wait until the falling tide reveals these hazards before working your way in.

NOTE: If we are a large group, we'll continue a little farther upriver and anchor in **Pleasant Cove** which is tucked into the river's western bank.

These areas are indicated on the chartlets in **Figures 3 and 4** below.

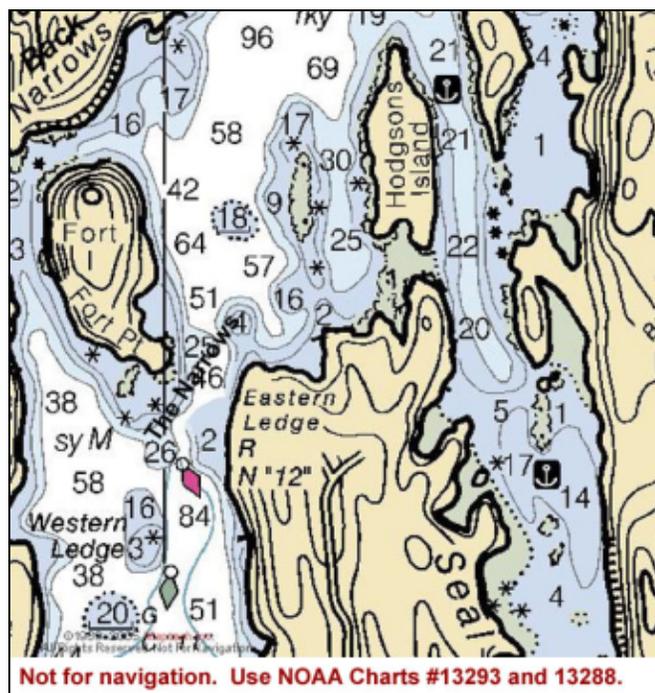


Figure 3. Seal Cove
Damariscotta River
43° 53' 48"N, 69° 34' 20"W

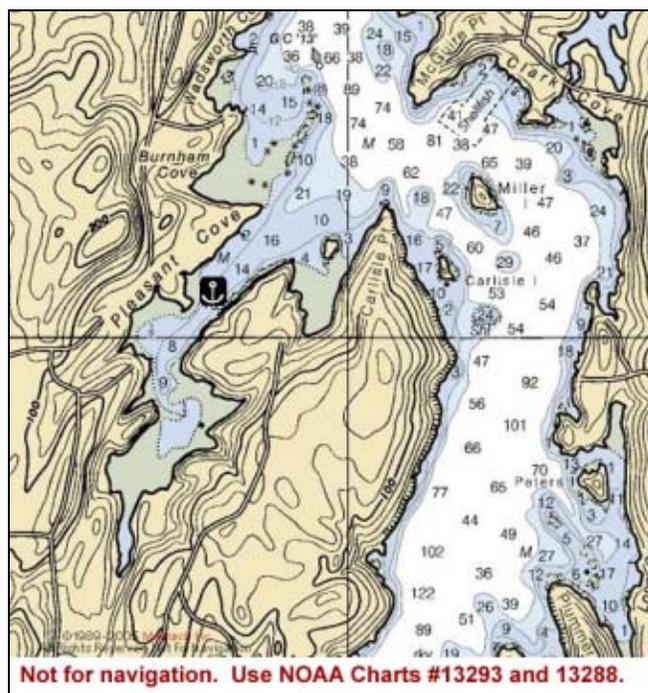


Figure 4. Pleasant Cove
Damariscotta River
43° 55' 09"N, 69° 35' 35"W

Once again we'll gather aboard one or two of the boats for snacks and a potluck dinner, so come prepared.

High tide is approximately the same time as high in Portland. **Mean tidal range is about 9.5 feet.**

Thursday, 8/16—Boothbay Harbor – 10.2 nm

And now for something completely different. After three nights of quiet, somewhat secluded anchorages, how about a little more action!

Boothbay Harbor, just west of the Damariscotta, is easy to enter and filled with marine facilities for boats of all sizes. Rather than scenic and secluded, the town is one of Maine's tourist hot spots with lots of shops and restaurants.



<http://www.tugboatinn.com/marina.htm>

During the cruise from Seal or Pleasant Cove to Boothbay Harbor, hail the **Tugboat Inn Marina (VHF Ch. 9 and 16, 207-633-4434 or 800-248-2628)** and reserve a mooring for the night – the earlier you call the better. Moorings are **\$25** per night (40’ max length). If you’d rather have a slip, they’re **\$2.25** per foot.

The cove containing the inner harbor will be eastward as you enter from the sea, **NE of McFarland Island**. The marina is located in town on the western shore of the inner harbor. The location of the marina is indicated in the chartlet in **Figure 5** below.

Let’s go ashore and explore – as a group, or on your own. If you’ve got kids (and depending on the time of our arrival), why not take them to **Romar Bowling Lanes** (19 Bridge Street -- just a short walk from the marina) to try their hands at knocking down the candlepins. Bicycles and kayaks can be rented from **Tidal Transit Kayak Company** (18 Granary Way), which is also nearby and off Townsend Avenue.

For dinner, this time you’re on your own to enjoy the town and harbor of Boothbay.

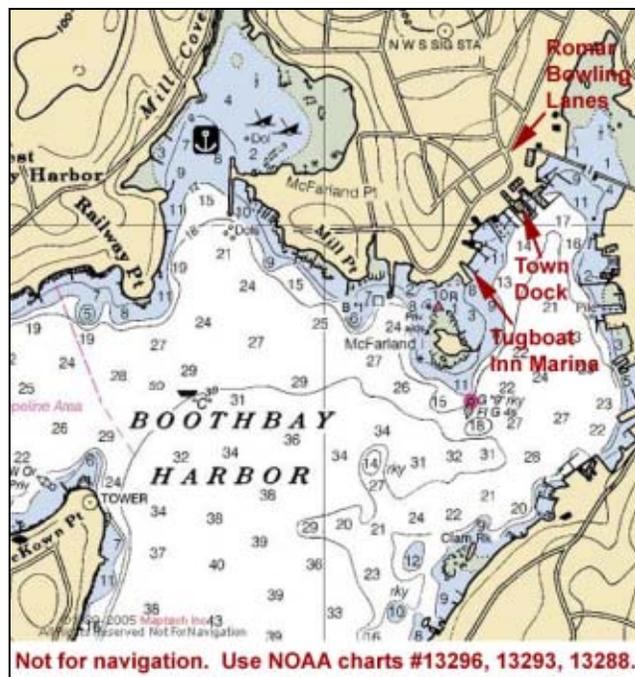


Figure 5. Boothbay Harbor
Tugboat Inn Marina
43° 50' 56"N, 69° 37' 44"W

Use tide tables for Portland. High tide in Boothbay is approximately 5 minutes before high in Portland. **Mean tidal range is about 9 feet.**

<http://www.capedory.org/>

Directions to Romar Bowling Lanes:

- From Tugboat Inn Marina, start out going NE on COMMERCIAL ST toward BOOTHBAY HOUSE HILL RD / ROUTE 27.
- Turn SLIGHT RIGHT onto TOWNSEND AVE / ME-27 / WISCASSET RD.
- End at 19 Bridge St., Boothbay Harbor (Total distance approx. .15 mi.)

Friday, 8/17—Robinhood – 13 nm

Friday morning we'll leave bustling Boothbay for Robinhood, which is located off the beautiful Sheepscot River and Knubble Bay.



<http://www.robinhoodmarinecenter.com/>

You can either hail **Robinhood Marine Center** (VHF Ch. 9, 207-371-2343 or 207-371-2525 or toll free at 800-255-5206) in **Riggs Cove** for a slip (**\$2.50**/foot per day – based on 2006 rate sheet) or mooring (**\$30** per day – based on 2006 rate sheet) or anchor outside the mooring field toward **Robinhood Cove**. If you venture into Robinhood Cove itself, it's deep until you're well inside, so you may want to continue into the cove to find shallower water to drop your hook but it'll be a long dinghy ride to the marina. These locations are indicated on the chartlets in **Figures 6 and 7** below.

The approaches are well-marked but Goose Rock Passage can be tricky with a strong current. If we're lucky enough to have a fogless morning, and we can leave Boothbay anytime between 10:00 a.m. and noon, will be able to ride the incoming tide up the Sheepscot all the way to Riggs Cove.



340 Robinhood Road • Georgetown, ME 04548
Phone: 207-371-2530

<http://www.robinhoodmarinecenter.com/aaa/osprey.html>



210 Robinhood Road • Georgetown, Maine 04548
Phone: 207-371-2188

<http://www.robinhood-meetinghouse.com/>

Let's get together at the **Osprey Restaurant** (207-371-2530), right there at the marina, or walk to the **Robinhood Free Meeting House** (207-371-2188) for dinner. We can decide during the cruise then call ahead and make reservations.

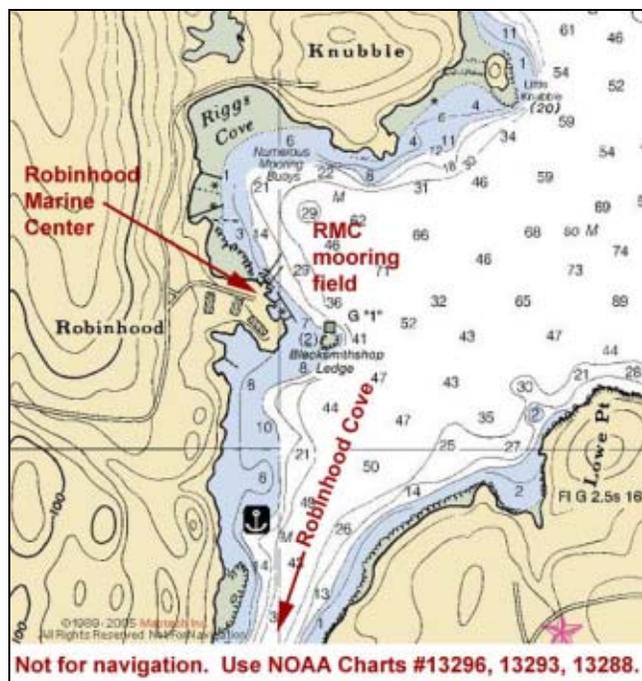


Figure 6. Riggs Cove/Robinhood
Sheepscoot River and Knubble Bay
Robinhood Marine Center
43° 51' 12"N, 69° 43' 59"W

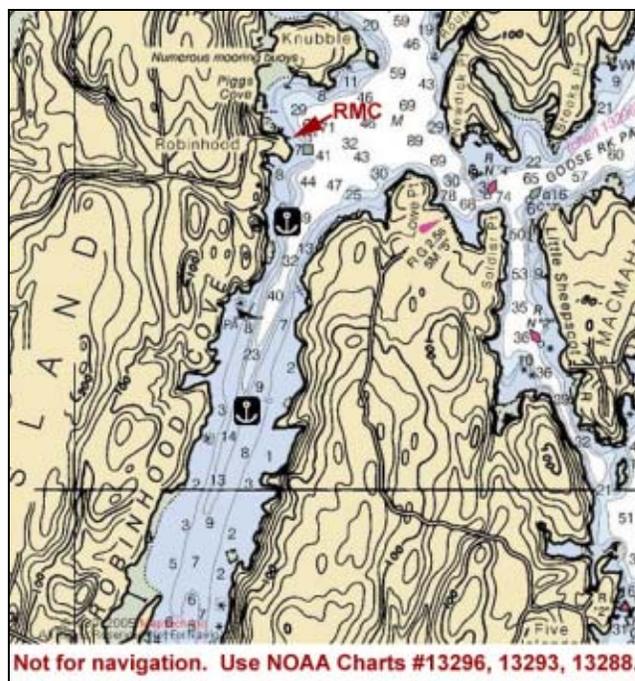


Figure 7. Robinhood Cove
Sheepscoot River and Knubble Bay
43° 50' 17"N, 69° 44' 12"W

Use tide tables for Portland. High tide at Robinhood is approximately 15 minutes after high in Portland.
Mean tidal range is about 9 feet.

If you cannot join us during the cruise, why not hop in the car and drive to Robinhood Marine Center on Friday to meet up with the rest of the group for dinner? Just let us know so we can get the number of people for our reservation correct. Contact either **Cathy Monaghan** or **Carl Thunberg**. You'll find contact information below. **Thanks!**

Directions to Robinhood Marine Center from Portland:

- Take **I-295** (North or East) - go **26.0** mi
- Take exit **#28/US-1** onto **US-1 CONN** toward **COASTAL ROUTE / BRUNSWICK / BATH** - go **1.3** mi
- Continue on **PLEASANT ST [US-1]** - go **1.1** mi
- Bear **LEFT** to follow **US-1** - go **9.5** mi
- Bear **RIGHT** toward **ME-127** - go **< 0.1** mi
- Bear **RIGHT** on **ME-127** - go **5.5** mi
- Turn **LEFT** on **ROBINHOOD RD** - go **1.3** mi
- Bear **LEFT** on **KNUBBLE RD** - go **0.6** mi

Thank you very much for sailing with us and I hope you enjoyed this little bit of Maine.

Registration Fees:

CDSOA Members: **NO REGISTRATION FEE**

Non-CDSOA Members (per boat): **\$3.00 (pay at the event)**

Please register online by August 8th!

http://www.capedory.org/fleetevents/NE-2007-MaineCruise_regform.html

Questions concerning the cruise? Please contact Event Organizers

Cathy Monaghan at 732-381-3549 or by cell at 732-319-0255

or

Carl Thunberg at 603 226-4638 or by cell at 603 219-5670.

All owners of both Cape Dory and Robinhood power and sailboats, CDSOA members and non-members, are welcome to attend.

All captains are responsible for their own navigation and the safety of their vessels and crew.

Use NOAA Charts# 13301, 13293, 13296 and 13288.

Web Resources:

CDSOA, Inc.: <http://www.capedory.org/>

Boothbay Harbor Region: <http://www.boothbayharbor.com/>

Tugboat Inn Marina: <http://www.tugboatinn.com/>

Tidal Transit Kayak Company: <http://www.kayakboothbay.com/>

Robinhood Marine Center: <http://www.robinhoodmarinecenter.com/>

Robinhood Free Meeting House: <http://www.robinhood-meetinghouse.com/>

Maine Coast Internet Guide: <http://www.coastguides.com/>

Maine Harbors: <http://www.maineharbors.com/>

Maptech.com: <http://www.maptech.com/>